For more information about your county senior center contact:

Culpeper Senior Center 710 U. S. Avenue Culpeper, VA 22701 (540) 825-5778

Fauquier Senior Center 430 E. Shirley Avenue Warrenton, VA 20186 (540) 347-7729

Madison Senior Center 1480 North Main Street Madison, VA 22727 (540) 948-4131

Orange Senior Center 13010 Old Gordonsville Road Orange, VA 22960 (540) 672-5926

Rappahannock Senior Center 111 Scrabble Road Castleton, VA 22716 (540) 987-3638 RRCS PO 1568 Culpeper, VA 22701 Rappahannock Rapidan Community Services Programs that matter. People who care. Rappahannock Rapidan Community Services (RRCS) Senior Center Programs



Age is strictly a case of mind over matter. If you don't mind, it doesn't matter." -Jack Benny

## ABOUT THE SENIOR CENTERS:

RRCS Senior Centers are a focal point in each county for nutrition, education, socialization, and improved well-being. The centers are open to 60+ active selfsufficient adults and offer a wide variety of programs both informative and entertaining.



RRCS does not discriminate on the basis of race, color, national origin, sex, religion, age, disability, or any other characteristic protected by law, in employment matters and in its programs and services.

## THE SENIOR CENTERS OFFER:

- A nutritious noon meal
- A variety of learning and social activities
- Access to other agency services as well as connection with local support networks
- Opportunities to volunteer in different areas
- Friendships and improved well-being
- A bi-monthly newsletter
- Enthusiastic staff that are dedicated to improving the quality of life of the people they serve

We welcome you to our centers

## WHO WE SERVE:

- Senior Centers are located in each county we serve: Culpeper Fauquier Madison Orange Rappahannock
- Older capable adults age 60+ are welcome. You must be able to be self-sufficient or bring along a caretaker

## Other information:

- The Senior Centers are open 4 days a week
  10 am - 2 pm
- Transportation is available upon availability on routes
- Daily meal donations are encouraged and help offset food costs
- A portion of our funding for the senior center meals is received by Piedmont United Way