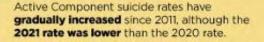
National, State, and Regional Military & Veteran Data

- Overview:
 - DoD Data
 - National Veteran Data
 - Virginia State Data
 - County Level Data for:
 - Culpeper, Madison, Orange, Fauquier, and Rappahannock

Data Provided by: Angela Jameson, LCSW (she/her/hers) Community Engagement and Partnerships Coordinator Suicide Prevention Program Central Virginia VA Healthcare System, Massaponax CBOC 4830 Southpoint Drive, Fredericksburg, VA 22407 Phone: 804-933-5732

DoD Annual Report on Suicide in the Military Overview



Reserve and Guard suicide rates fluctuate year to year, but there was **no increasing or decreasing trend** between 2011 and 2021.

Since 2011, Active Component, Reserve, and National Guard suicide rates were **similar to the U.S. population** in most years when accounting for age and sex differences (the military is younger and mostly male).



In 2020, suicide rates for spouses and dependents were **similar to the U.S. population** when accounting for age and sex differences, except for male spouses who had a higher rate of suicide.

The suicide rates for military spouses and dependents in 2020 were **similar to**

Most Service members who died by suicide were young, enlisted men.

Most common method of suicide death: Firearm

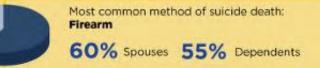
70% Service members



51% female 79% under 40 years old 47% service history

prior years.

DEPENDENTS 72% male 62% under 18 years old <5% service history



DoD Annual Report on Suicide in the Military: CY 2021

DoD Suicide Deaths

Department of Defense Annual Report on Suicide in the Military: Calendar Year 2021



DoD Annual Report on Suicide in the Military: CY 2021

DoD Suicide Counts

Suicide Counts and Unadjusted Rates per 100,000

	CY 2019		CY 2020		CY 2021	
	Rate	Count	Rate	Count	Rate	Count
Active Component	26.3	349	28.7	384	24.3	328
Army	30.5	145	36.2	174	36.3	176
Marine Corps	25.3	47	34.5	63	23.9	43
Navy	22.1	74	19.0	65	16.7	58
Air Force	25.1	83	24.6	82	15.3	51
Reserve	18.5	66	21.7	77	21.2	74
Army	19.4	37	22.2	42	24.2	45
Marine Corps		9		10		14
Navy		7		13		10
Air Force		13		12		5
National Guard	20.5	90	27.5	121	26.4	117
Army	22.9	76	31.5	105	30.3	102
Air Force		14		16		15

 Table 1. Annual Suicide Counts and Unadjusted Rates per 100,000 Service Members by

 Military Population and Service, CY 2019–CY 2021

NOTES. Source(s): Armed Forces Medical Examiner System (AFMES); Table 1 includes both confirmed and suspected suicides reported as of March 31, 2022. Both are included so the counts and rates are not underestimates as investigations continue. Per DoDI 6490.16, rates are not reported ("--") when the number/count of suicide deaths is under 20 because those rates are considered unstable and would not be reliable (statistical instability).² Space Force will be broken out separately in future reports. No suicide deaths for the Space Force have been reported to date. Only DoD Services are reported here; therefore, Coast Guard uniformed member suicide rates are not included in this report (CY 2019: 7; CY 2020: 7; CY 2021: 2). The Coast Guard is under the Department of Homeland Security—unless operating under the Department of the Navy—and is the smallest Military Service.

DoD Annual Report on Suicide in the Military: CY 2021

Veteran Suicide Deaths High-Level Data Points

Veteran Suicide: Number

6,146

Veteran suicide deaths in 2020

Veteran Suicide: Average Per Day

16.8

average number of Veteran suicides per day in 2020

Veteran Suicide: Rate

31.7 per 100,000

unadjusted rate of suicide in 2020 among U.S. Veterans

- Each year from 2001 through 2020, age- and sex-adjusted suicide rates of Veterans exceeded those of non-Veteran U.S. adults.
 - The difference in rates was greatest in 2017, when Veteran adjusted rates were 66.2% greater than those of non-Veteran adults.
 - In 2020, this differential fell to 57.3%.

Anchors of Hope

While we embrace these **anchors of hope**, hope must be transformed into action with each of you.



343 fewer Veterans died from suicide in 2020 than in 2019. Number of Veteran suicides **decreased in 2019 and 2020**, with the lowest number of Veteran suicides since 2006. Age-adjusted suicide rates in 2020 were the lowest since 2016 for Veteran men and the lowest since 2013 for Veteran women.

From 2018 through 2020, adjusted rates for Veterans **fell by 9.7%,** as compared to a 5.5% decline for non-Veteran U.S. adults. Despite onset of the COVID-19 pandemic in 2020, age- and sexadjusted suicide rates among Veterans fell 4.8% from 2019 to 2020, versus a 3.6% decline among non-Veteran U.S. adults.

VA Suicide Prevention Annual Report, 2022

Virginia Veteran Suicide Deaths

Virginia Veteran Suicide Deaths, 2020

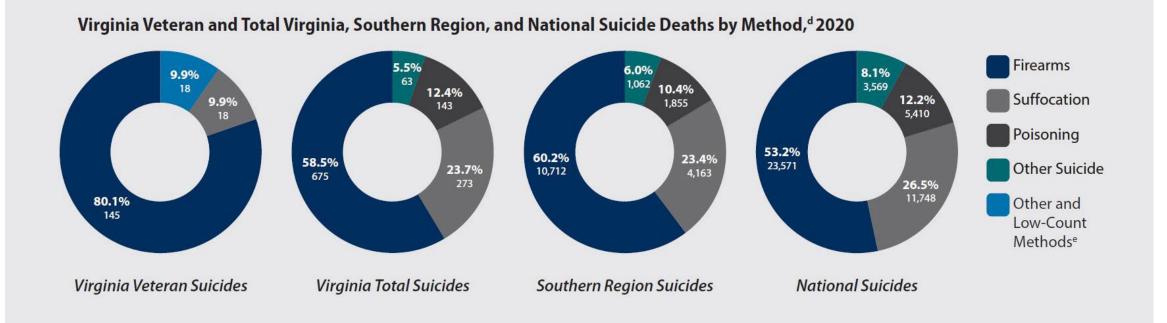
Sex	Veteran Suicides
Male	164
Female	17
All	181

Virginia, Southern Region, and National Veteran Suicide Deaths by Age Group, 2020°

Age Group	Virginia Veteran Suicides	Southern Region Veteran Suicides	National Veteran Suicides	Virginia Veteran Suicide Rate	Southern Region Veteran Suicide Rate	National Veteran Suicide Rate
18–34	25	377	843	30.1	45.9	46.1
35–54	41	693	1,575	17.9	30.4	31.8
55–74	74	923	2,222	25.8	26.9	27.4
75+	38	621	1,451	30.9	35.3	32.0
All	181	2,643	6,146	25.1	31.9	31.7

2020 Virginia State Data Sheet

Virginia Veteran Method of Suicide Deaths



2020 Virginia State Data Sheet

Virginia Guard and Reserve Personnel

Component	Number of Personnel
Air Force Reserve	2,032
Air National Guard	1,517
Army National Guard	7,222
Army Reserve	7,610
Coast Guard Reserve	475
Marine Corps Reserve	1,772
Navy Reserve	4,990
Total	25,618

Military One Source Geographic Demographic Profile of the Military Community

County Level Active Duty, Reserve, Guard Personnel

County	Active Duty	Reserve	Guard
Culpeper	71	105	44
Fauquier	101	224	82
Madison	11	20	8
Orange	94	134	52
Rappahannock	9	19	16
Total	286	502	202

Military OneSource State Consultant Contractor using Purdue's Measuring Communities Database

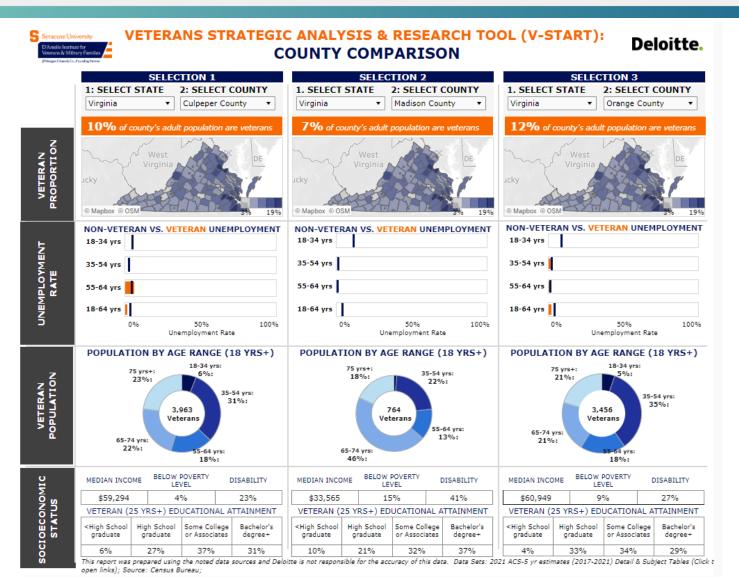
Encompass Community Supports Region Veteran Population

1 in 12 Virginians is a veteran (approximately 714,000)

Location	Amount of Veterans
Culpeper County	3,627
Fauquier County	6,274
Madison County	677
Orange County	3,550
Rappahannock County	644
Total in Rappahannock-Rapidan Counties	14,772

2020 Census Report & Secretary of Veterans and Defense Affairs Website

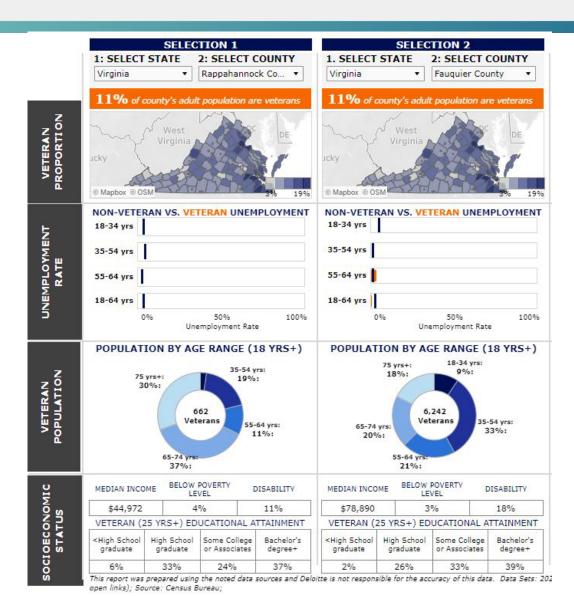
Counties under VISN 6: Culpeper, Madison, and Orange



V-START Dashboards

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Counties under VISN 5 – Rappahannock and Fauquier



V-START Dashboards

Suicide Rates in Encompass Community Supports Counties

Location	2016	2017	2018	2019	2020
Culpeper	10.0	21.5	27.0	13.3	7.5
Fauquier	15.9	17.3	9.9	9.8	9.8
Madison	22.9	7.5	15.0	37.7	7.5
Orange	16.9	22.2	8.2	8.1	13.3
Rappahannock	13.5	13.7	13.8	81.4	55.1

Office of The Chief Medical Examiner, Official Reports 2016-2020 & Veteran Virginia State Data Sheet 2020

Suicide Deaths in Encompass Community Supports Counties

Location	2016	2017	2018	2019	2020
Culpeper	5	11	14	7	4
Fauquier	11	12	7	7	7
Madison	3	1	2	5	1
Orange	6	8	3	3	5
Rappahannock	1	1	1	6	4

Office of The Chief Medical Examiner, Official Reports 2016-2020 & Veteran Virginia State Data Sheet 2020

Number/Percentage of Veterans Enrolled in VHA

- Madison County: 278 (32.21)
- Rappahannock County: 151 (22.81%)
- Fauquier County: 1,229 (19.34%)
- Orange County: 1,026 (38.23%)
- Culpeper County: 988 (24.17%)

References

- DoD Annual Report 2021: <u>2020-State-Data-Sheet-Virginia-508.pdf (va.gov)</u>
- National Veteran Suicide Prevention Annual Report, 2022: <u>2022-National-Veteran-Suicide-Prevention-Annual-Report-FINAL-508.pdf (va.gov)</u>
- Virginia State Data Sheet 2020: <u>2020-State-Data-Sheet-Virginia-508.pdf (va.gov)</u>
- Military One Source 2021 Demographics Profile of the Military Community: <u>Geographic Location USA 2021 Demographics Dashboards</u> (militaryonesource.mil)
- 2020 Census Results: 2020 Census
- Virginia Secretary of Veterans and Defense Affairs: <u>Secretary of Veterans and Defense Affairs</u> <u>(virginia.gov)</u>
- V-Start Dashboards County Comparison: V-START Dashboards D'Aniello Institute for Veterans and Military Families (syracuse.edu)
- Virginia Department of Health Chief Medical Examiner's Reports: <u>Annual Reports Medical Examiner (virginia.gov)</u>
- Veterans Geography of Opportunity Tool: <u>Veterans Geography of Opportunity Tool Office of Health Equity (va.gov)</u>