





Formerly Known As –
Rappahannock-Rapidan Community Services

To learn more about Peer Recovery Services of Encompass Community Supports, please reach out to us at:

 **(540) 825-3366**

 peerservices@ecsva.org

 **710 U.S. Avenue,
Culpeper, VA 22701**

Encompass Community Supports
does not discriminate on the
basis of race, color, national
origin, sex, religion, age, disability,
or any other characteristic
protected by law, in employment
matters and in its programs and
services.

PEER RECOVERY PROGRAM



Hope for the Future



encompass
—Community Supports—

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Peer Recovery Specialists

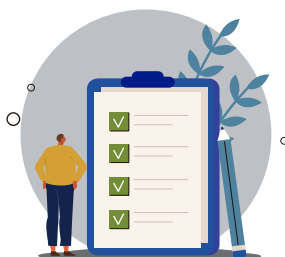
Peer Recovery Specialists provide non-clinical, person-centered, strengths based, wellness focused, and trauma-informed support while helping to ensure the person's wellness-recovery plan reveals the needs and preferences of the person being served.

Peer Recovery Program

The Peer Recovery Program provides recovery support services to community members to find, maintain, or strengthen their path of recovery OR to provide similar services to support families who have a family member in recovery. Peers can offer hope for a full life based on their experiences with recovery from Substance Use or Mental Health Challenges. Rather than telling you how or what to do, we support, encourage, and empower your choices and work from a place of shared experiences in recovery.

Eligibility Requirements

- 18 years of age or older
- Must be a resident of Culpeper, Fauquier, Orange, Madison, or Rappahannock counties OR currently residing in a facility within those counties.
- Living with a diagnosis of substance use disorder AND/OR a mental health condition.



Individualized Peer Recovery Services

Peer services are designed in collaboration with you and a Peer Recovery Specialist and are tailored specifically for your recovery needs. They could include:

Individual Peer Services

Depending on your needs this can be connection to community resources, support during appointments, developing coping skills, advocating for your treatment needs, navigating health care systems, enhancing living skills, finding meaningful activities, or just a non-judgmental person to talk with.



Recovery Groups

There are many pathways to recovery and many groups that can support your preferred pathway or to learn about additional paths. There are also groups meant to connect you with other community members in recovery.



You Are Not Alone!



Recovery, Resiliency, and Wellness Planning

Based on the Recovery Focus that you choose, a Peer Recovery Specialist will support you in developing a plan to strengthen your recovery and empower you with choice and hope.

Community Inclusion

Recovery does not happen in a vacuum. Finding the right activities, connections, and resources in your community can support your recovery by providing a sense of belonging. Peer Recovery Specialists can support and be with you while you explore different opportunities in your community.

Transition Support Services

Returning to the community from hospitalization, residential services, or incarceration is stressful and challenging. You do not have to do this alone! A Peer Recovery Specialist can support you in transferring care, locating housing, finding employment, and connecting to the recovery support that you need to continue on your path of recovery.

Fees

Peer Recovery Services are currently being provided at no cost by Encompass Community Supports.